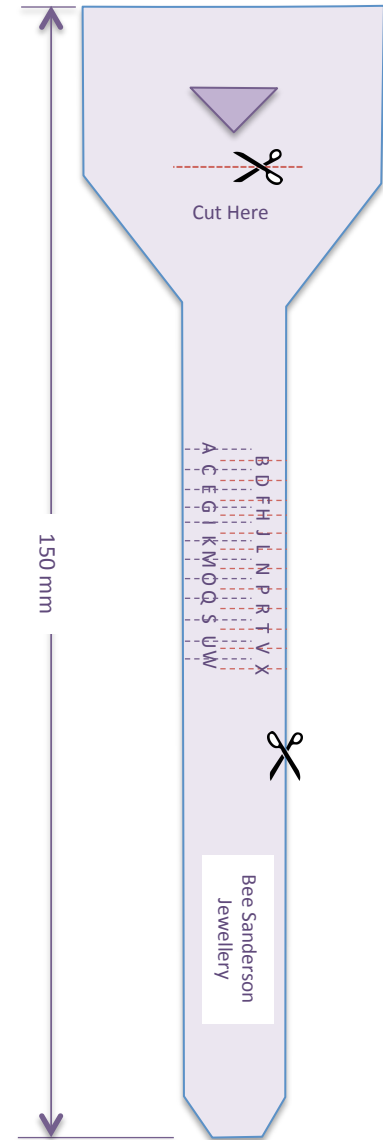


Ring Sizing

Method 1 - Measuring your Ring Size using the UK Ring Sizer Belt

1. Download and print the ring sizer belt on A4 paper. Print scaling must be set to 100% and orientation to Landscape to ensure the ring sizer is the correct size.
2. Measure the 150mm reference line on the print to ensure that the ring sizer is the correct scale.
3. Cut out the ring sizer.
4. Carefully cut the slot - try folding the ring sizer belt lengthwise when you do this.
5. Push the narrow end through the slot to form a loop.
6. Adjust the ring sizer so that it sits comfortably round your finger.
7. Check that the ring sizer can slide from the base of your finger over your knuckle without a problem. Do not over-tighten.
8. Read the size from the scale.
9. Repeat steps 6 to 8 several times, preferably at different times of the day and when you are warm.



Ring Sizing

Method 2 - Measuring your Ring Size using an Existing Ring and the Ring Sizer Chart

1. Download and print the Ring Sizer Chart on A4 paper. Print scaling must be set to 100% and orientation to Landscape to ensure the ring sizer chart is the correct size.
2. Measure the 150mm reference line on the print to ensure that the ring size chart is the correct scale.
3. Take a ring that fits on the desired finger and place it over the circles on this chart.
4. Line up the ring by placing it in such a way that the inside edge of the ring matches the circle nearest in size. This measurement will reveal the diameter of the ring.
5. If the ring falls between two sizes, order the larger size.

